

BREAKTHROUGH

FALL 1987

THE FIFTH ANNUAL PROFESSIONAL SEMINAR

SEMINAR OVERVIEW

by
Leslie France
TMI Projects Director

On August 9 through 13, the Institutes Professional Division sponsored the Fifth Annual Professional Seminar at The Monroe Center in Virginia. To commemorate this anniversary and acknowledge the growth of the Professional Division during the past five years, we celebrated several "firsts" for the Professional Seminar:

- . The first time such a large group has ever assembled at the Center. Sixty-five to ninety participants registered for each session, representing seventeen states, Canada, England, France and Hong Kong.
- . The first program to be developed on a theme. The concept of "Fear, Death and Transformation" offered a forum from which to consider and challenge our perceptions of change, limits and potential with the use of Hemi-Sync as a facilitating tool.
- . The first Seminar to establish opportunities for formal collaboration. From brainstorming sessions, working groups formed to initiate and develop several highly creative and significant projects, focusing on esoteric as well as technical applications of Hemi-Sync.
- . The first Seminar to feature an internationally-known speaker. Dr. Elisabeth Kubler-Ross address the group on her experiences with death and transformation and her present

ambition - to propose the concept of unconditional love as an attainable ideal.

A spirit of transformation was characteristic of the Seminar. That spirit was reflected by the speakers who presented topics ranging from creativity, death and manifestation to medicine and organizational evolution.

Transformation was demonstrated in the scope and quality of the projects being developed. And it was confirmed by the level of commitment and enthusiasm of the participants.

OPENING REMARKS

Robert A. Monroe

On the opening night of the Professional Seminar, Bob Monroe set the theme for the ensuing days: humankind has a unique window of opportunity for moving beyond fear and gaining a fuller understanding of existence; Hemi-Sync is a powerful tool that The Monroe Institute (TMI), with the aid of its Professional Division, can use to assist in this important transformation. A summary of his talk follows:

All through history, most of life has been controlled by anxieties and fears. The basis for these anxieties and fears is the fear of the unknown and the fear of change. As humankind has progressed,

knowledge has pushed back the boundaries of fear, just as earlier on, fire kept the predators further away. But those boundaries still exist, creating "boxes" for us all. And for the most part, death -- that biggest unknown, that biggest change -- is still our biggest fear.

Yet throughout human history, there has always been a "fringe" that claims to have some answers as to what death is all about... to have some concept of the difference between "Here" and "There." The "orthodox" world, however, wants objective proof. TMI has long felt that Hemi-Sync gives many people a chance to taste "there," but so far, the only evidence has been subjective reports.

For the first twenty years of TMI's existence as a research and educational organization, Bob provided the financial support, was looking for his own answers, and was not overly concerned with scientific proof. But for the past two years, TMI has been a self-supporting, non-profit organization and the research effort has been broadened to seek out more empirical data.

It is through the research efforts of TMI's Professional Membership that TMI hopes to become the go-between for the "orthodox" and the "fringe," and with the tool of Hemi-Sync, help humankind deal with its biggest fear and undergo its biggest transformation.

HUMAN PLUS

Robert A. Monroe and Fred Atwater

A few years ago, at a conference of psychologists and psychiatrists, Bob Monroe was feeling uncomfortable as the group in general was condemning work in the field of human consciousness. The consensus seemed to be that such work was based on a

multitude of theories and techniques (some old and some new) of which few, if any, had been examined scientifically... much less proven.

But Bob felt vindicated when one of the members of that body stood up and said that people were "dying of thirst" for such knowledge, and he would rather see them drinking slightly contaminated water than go without.

Bob said much of our information on Hemi-Sync is anecdotal, but those subjective reports indicate that it works. We do know that it establishes a coherent brain pattern -- beyond that, there's not a lot of "proof." However, Bob suggested the power of Hemi-Sync signals might even be working on a basic cellular level. To date, Hemi-Sync has been used primarily for self-exploration... but a few years ago, Bob began asking, "What else?"

Bob said if most of humankind is to have the opportunity to move beyond its fears to the transformation that has been sought for so long, certain freedoms must be established. To go beyond the level where simple survival is the primary goal, humans must be free from the demands of physical, emotional, and mental survival. The largest obstacle to establishing these freedoms is inertia. When someone looks at the mountain that must be moved and sees that they only have a teaspoon with which to move it, the tendency is to say, "I'll start tomorrow."

The purpose of the Human Plus (H-PLUS) program is to use Hemi-Sync to give people a shovel rather than a teaspoon. It may still take a lot of work to move the mountain with a shovel, but a shovel is still a tool that everyone can handle. And H-PLUS will encourage people to move the mountain a shovelful at a time.

Bob used another analogy, relating H-PLUS to the invention of the flexible coupler, which allows a locomotive to greatly increase its payload because it only has to overcome the inertia of one car at a time (transforming potential energy into kinetic energy). H-PLUS will provide function exercises that will teach individuals to develop control over physical, emotional and mental systems... one step at a time. Biofeedback has already shown that individuals can control their autonomic functions; H-PLUS will expand on that concept to eventually include all human functions. Bob said that ultimately means overcoming, modifying, and changing belief systems that imply there are limits to human potential.

He said indications are that H-PLUS will be very effective. But even if H-PLUS is only 10% - 20% effective, it will be an amazing, astounding step in human transformation. Bob concluded, "The water may still be impure, but there's a thirsty world out there."

Fred (Skip) Atwater presented the group with a paper entitled, "The Monroe Institute's Hemi-Sync Process," which is his examination of why Hemi-Sync works. He suggested that the paper speaks for itself, and those interested should take the time to examine it in full. (Editor's Note: Copies of Skip's paper may be obtained by writing to Leslie France at TMI.)

Skip said the H-PLUS program walks a very fine line in human consciousness -- the difference between "believing" something on an intellectual level and "knowing" something on deeper levels. What makes H-PLUS work is Bob's use of multilayered Hemi-Sync signals to access a specific brain function that allows us

to program our belief systems, thus creating a "knowingness" through direct experience. H-PLUS is a way of truly creating our own reality, by accessing reality systems where what we thought impossible no longer is - where the "impossibility" becomes a new reality. As individuals, we can learn to access the reality system(s) that most benefit us personally.

Since childhood, we've been programed -- by parents, schools, society, etc. The so-called "rules of the game of life" are belief systems which become our reality. Is there an "absolute reality" underlying all this, or is reality something we learn? We don't know. What's important is that the reality we believe in is the one that we're subject to. Those beliefs can limit our freedom.

H-PLUS creates an access channel in our consciousness which should enable us to set aside specific "rules" that limit us... and even create new ones. The brain is the camera through which we perceive reality, yet we are not the camera. Different settings, filters, etc. can alter the perception. With H-PLUS, we can gain the ability to control our perceptions, and thus our reality.

(Following Bob and Skip, the Professional Members were given a demonstration of the H-PLUS access signals and several specific function exercises, including: focus of attention, physical strength and coordination, staying awake, and speaking and reading before groups of people.)

INTUITIVE DIAGNOSIS

Winter, M.S., MEd.

(Ed. Note: Following a question and answer session about H-PLUS, Bob introduced Winter, a trainer for TMI GUIDELINES programs, to talk about recent developments in her endeavors.)

A few years ago, while undergoing Hemi-Sync tests in the TMI laboratory, Winter noticed serendipitous results from the Hemi-Sync signals. Specifically, she was receiving information regarding the physical condition of one of the lab monitors. This information proved to be valid. Since that time, Winter has honed her skills in intuitive diagnosis of individuals' physical states. Despite a non-medical background, Winter can now usually recommend treatment as well as provide diagnosis.

Through TMI's Professional Division, Winter has met physicians interested in the field of medical clairvoyance, and has been given opportunities to demonstrate and teach her growing skills. This has resulted in a successful extra-curricular course at Brown University, in which medical students are taught to diagnose patients from a distance. This course has attracted the attention of many physicians, and led to a recent interview with members of the National Institute of Health (NIH) in Washington, D.C.

After the interview and several tests of Winter's abilities, NIH is not only interested in the process, but it is also looking into the possibility of funding research to obtain empirical data.

DEATH & TRANSFORMATION

Elisabeth Kubler-Ross, M.D.

Elisabeth Kubler-Ross began by relating early experiences in her life that were very formative and had much to do with goals she has set and the vigor she has applied toward fulfilling them. One of a set of triplets in a financially comfortable and traditional Swiss family, her physical wants were taken care of, yet she had to deal with a lack of privacy and a search for personal identity. As a teenager, filling in for her ill sister on a date (without telling her sister's boyfriend), she went unrecognized as Elisabeth. This precipitated a personal identity crisis so great that she left home.

There were many lessons available for a teenager hitchhiking the roads of post-war Europe in 1945. One experience that stood out took place in front of the concentration camp at Maidanek. Looking at train cars filled with the shoes of murdered children, she could not understand how people could murder innocent children and then go home and take loving care of their own children.

She talked with a young Jewish girl standing near, who told her, "You're capable of doing this, too." Her first reaction was, "Of course not!" But she then remembered the American Indian admonition about not judging one's neighbor until you had walked a mile in his moccasins, and thought, "Maybe I could have." She decided to learn why some people grow up to be Hitler and some grow up to be Mother Theresa. She wanted to know how to best rear the next generation.

She followed her natural instinct to

help people (aroused by the pain and suffering she had seen) by going home to study medicine. But she also wanted to help people recognize and deal with the negativity in their lives, including the Hitler inside them.

After marrying and moving to America, she began to work successfully with so-called hopeless cases -- schizophrenics, multiple-handicapped, and the terminally ill. Because of her childhood, she could relate to the "hopeless" cases -- they had little identity with most of the medical staff. In talking with them, she learned that those people are the most honest with their feelings, and the most sensitive to the feelings of others. She said she has learned a lot about living from the dying.

Elisabeth said to deal with negativity, anytime you react in a negative way to anything, you should look at it, and work with it -- it indicates unfinished business in your life. She said there are five basic human emotions, all with positive and negative aspects. As one experiences these emotions, one should learn to recognize any negative aspects and deal with them as unfinished business. Fear is natural and serves to protect us, but beyond fears related to protection, there are unnatural fears often related to self-image. Grief is natural and has a cathartic effect, but on the negative side of grief are guilt, self-pity, and shame. Anger is natural, but Elisabeth contended that any anger that lasts longer than 15 seconds implies leftover or suppressed anger from something else. And suppressed anger can turn into rage, hate, and revenge. The fourth natural emotion is jealousy. It causes us to improve ourselves by using others as a yardstick. But repressed jealousy can turn into envy and unhealthy competition. Love is the other natural emotion, and real love is both unconditional and can

say "No" to a loved one. Elisabeth said most of us learn to play the "I love you, if..." game. That leads to prostituting oneself for love and approval.

Elisabeth said we must all learn how to deal with our own negativity because the future holds much in store that will test us. The way we deal with AIDS patients indicates many of us have a lot of work to do in overcoming our fears and negativity. She offered this perspective on the AIDS crises: that it offers us, the actual and potential care-givers, an opportunity to observe and improve the way we deal with people who suffer from disease. She reemphasized our need to grow and nurture the positive, because the times ahead will "separate the wheat from the chaff."

THE USE OF HEMI-SYNC TO FACILITATE CHANGE IN ORGANIZATIONS

Richard Gilson, M.A.
and
Susan Kuznik, Ph.D

Richard (Dick) Gilson and Susan Kuznik are Organizational Development (OD) consultants from Ohio who have found Hemi-Sync useful in their work.

Dick and Susan said most OD consultants see themselves as problem solvers whose job is to intervene in the natural processes of organizations and "fix" those problems. Dick and Susan, however, prefer to facilitate change within an organization by enlightening both individuals and the organization to their overall goals, and with "content free" consulting, provide processes whereby they can develop and evolve consciously and responsibly. Their intention is to provide individuals within organizations the ability to expand their conscious-

ness, use their mental capabilities, and become more adept at handling situations that confront them. They have found this works best by focusing on groups and individuals at the middle management level; top management involvement is not required.

Dick and Susan have found Hemi-Sync very useful in facilitating the change process because it can be helpful in removing barriers to awareness and understanding by expanding the consciousness of individuals. They rely primarily on METAMUSIC, because the tapes are "content free," they work well in groups, they allow people to experience Focus 10 and Focus 12, and they are unobtrusive and "safe." Because that safe environment is so important, Hemi-Sync is explained beforehand, and if members of a group are leery of the process it is not used.

Because Hemi-Sync can help create a heightened awareness of personal and group energy, it's useful in developing effective group characteristics. By making it easier to access creative and problem-solving capabilities, Hemi-Sync provides a fertile background for various techniques and exercises such as brainstorming and exploring possibilities.

Dick and Susan explained that an important part of their function is to determine the state and stages of development for individuals and groups within the organization. Based on models of stages of development from Maslow and Graves/Lynch, this determination helps everyone see where they are presently and where they might go from there. To help the organization move to a new stage, Dick and Susan emphasize development and transformation versus mere growth (quality versus quantity).

Instruments such as the Myers-Briggs test and Mind Mapping are used to identify developmental states and stages. Dick and Susan have found that some of the problems inherent when administering such instruments (e.g., "fudging" of the answers and the instrument taker being influenced by the administrator) can be alleviated or eliminated by using Hemi-Sync tapes in the background.

Summarizing, Dick and Susan said their approach is to facilitate change in organizations with the focus on the individual and small groups, emphasis on the process, and promoting development rather than growth. They find Hemi-Sync very useful in their approach, and would like to be able to utilize more empirical evidence and a broader range of test cases to make it more readily acceptable to the business world.

BIRTH, DEATH, AND THE MAGIC IN BETWEEN

Robert Medralla

Robert Medralla, whose varied background is in graphics, computers, Neurolingustic Programing, and hypnosis, drew on all of that experience in his presentation.

Robert began by saying the old philosophies upon which many of us build our lives are based on old models and are limited. And since a philosophy is, in essence, only a theory, we have every reason to create a new, more flexible, open-ended, goal-oriented philosophy.

For this new model, Robert suggested we start logically at birth and make some basic assumptions: We're born with a blank slate, we can write our own script, yet we're influenced by our experiences and external factors. Two basic patterns

in our lives are growth (you're either growing, progressing and expanding, or contracting and dying) and balance (which we constantly strive for; yet moments of true balance are rare). We start with some basic fears, which are necessary for survival, but we tend to create additional fears, such as a fear of growth and change and the responsibility that comes with learning. Fear of the unknown causes us to erect walls and boundaries that limit us.

Robert said magicians of the past, be they shamans, alchemists, or priests, had an external and internal world view that explained the unknown. They tried to communicate their views to people through ritual and story-telling, and to hold people's attention with the illusions of magic. We can still learn from the old models. Illusion (a good magic trick) teaches us that although our experience is perceived through the senses, our perception is not always accurate. Yet inaccurate, or even fabricated, perceptions are "real" to us. And our belief systems usually determine what and how we perceive. The implication is that if we can change our belief systems and/or our perceptions, we can change our personal experience -- present, past and future.

In this modern age, Robert said, we all have access to the most powerful computer known -- the human brain. And like any computer, it can be re-programmed. Our life experience is the raw data, and our belief systems constitute the program. The program only accepts that data which is compatible with the program. You can't erase or change the past (data), but you can re-program your view of the past. And re-programming in the present can alter your future.

Robert said to manifest in the future, you first have to have a dream of how you'd like the future to be. You have to know what you want to get

what you want. To manifest something, you must create it first in your mind (visualize it, feel it, etc.). The only limit to your future is the limit of your imagination... and of course your belief systems (program).

To change your program, it helps to know what it is at present. Robert suggests going through these four steps: (1) Write out the five most important and valuable things in your life. (2) List three things you would fight to the death for. (3) Write down how you would conduct your life if you suddenly won the lottery and money was no longer a concern to you. (4) Write three things you would want to accomplish if you had one year to live.

In this fast-paced, high-tech world, most of us don't have the time to spend years of contemplation and meditation to effectively re-program ourselves. But fortunately, there are new, high-tech tools such as Hemi-Sync that make re-programing and creating positive changes in life easy. In conclusion, Robert said we are on the verge of a new human frontier, and while a tool like Hemi-Sync gives us more opportunity than ever to take responsibility for creating our own reality, it's up to us to use it.

LETTING GO TO SPARK CREATIVITY

Chic Thompson, Ed.D.

Chic Thompson is a creativity consultant from Charlottesville, Virginia and producer of animated, educational health-related videos, who uses Hemi-Sync in his workshops.

Chic said teaching creative techniques to mainstream groups like business executives and government agencies presents special challenges. Often, his largest difficulty is

getting such groups to "loosen up" and relax. He related numerous amusing anecdotes to illustrate his point.

Chic has found that Hemi-Sync is a valuable tool both for making his clients more comfortable and allowing them to access their own creativity.

He helps clients to see their organization, problems within the organization, and their role in the organization from alternate perspectives. He encourages and demonstrates creative approaches to problem-solving with "mind-stretching" puzzles. He alerts groups to "idea-killers" (verbal and otherwise) that stifle creative approaches and solutions.

Participants in the Professional Seminar were treated to a "hands-on" demonstration of Chic's techniques. They tackled his puzzles and projects with a fair measure of creativity and an immeasurable amount of fun.

USE OF HEMI-SYNC WITH SURGICAL PATIENTS

Bob Roalfe, M.D.

Bob Roalfe is an anesthesiologist from California who has used the Hemi-Sync Emergency Treatment Series tapes with a number of his patients. He presented a number of case studies that represented the range of responses to the tapes.

Bob began by relating how he was first introduced to Hemi-Sync. He said he had been employing a variety of new techniques for controlling patients' physiology under anesthesia (such as verbally suggesting before surgery that blood will begin leaving the surgical site and return after surgery to heal the area). As he went to interview one patient, wondering if he would be open to

trying one of these new techniques, he found the patient listening to Hemi-Sync tapes. The patient, Dr. Art Gladman (a long-time friend of Robert Monroe), said he was wondering if Bob Roalfe would be willing to try this new technique as part of the surgical procedure. When Hemi-Sync was explained to him, Bob enthusiastically agreed. Impressed with the results (see **BREAKTHROUGH**, June, 1986, "Results of Emergency Treatment Tapes Used in Back Surgery" by Bob Roalfe, M.D.), Bob set up a study using the tapes.

Bob then cited five other case studies that indicated the spectrum of reactions to the Emergency Treatment tapes. One case was the only instance in which the patient refused use of the tapes. Another case represented a situation where Bob observed no notable results from the tapes, yet the patient said they were very helpful (which, Bob said, should not be overlooked). Two cases cited (both radical mastectomies) indicated the tapes were supportive in allaying the patients' anxieties before surgery (to the point where both went to sleep without medication only minutes before surgery), in allowing an uncomplicated surgical procedure (including less anesthesia required), and in helping the patients deal with related emotional trauma. The final case study presented was an example of a patient (admitted for neck surgery) who did not have the benefit of the pre-operative tape nor the intra-operative tape because headphones would have gotten in the way. Complications lead to a prolonged operation and major post-operative discomfort. He was then introduced to the Hemi-Sync tapes, which allowed him to rest comfortably.

In 81 cases where surgical patients had at least some exposure to the

Emergency Treatment Series, the efficacy of the tapes was rated on a scale from 5 to 1 (5 indicating the most positive results). Seven fell into the top category (which Bob jokingly called "The Saint Robert Effect" because the patients said he had worked a miracle), 31 fell into category four (where Bob and/or the patients felt there was a pronounced, positive effect), 25 were in category three (they indicated the tapes helped, but Bob had noted no demonstrable results), 12 were in category two (no apparent effects noted by either Bob or the patients), and 6 were in category one (the patients either didn't like the tapes or reported they didn't help). Summarized, 47% of the subjects had a good response to the tapes, 31% had a questionable response, 15% had no apparent response, and 7% indicated no positive response.

Bob said he will continue to use Hem-Sync when patients consent, and looks forward to more controlled studies being conducted.

CLOSING REMARKS

Robert A. Monroe

Bob Monroe closed the Professional Seminar for this year by raising the question, "Where do we go from here?"

He said if humankind is to live up to its potential, a likely answer to that question is, "Develop a new overview of death." Bob noted that for the most part, our cultures, religions, and philosophies engender and enhance the fear of death, but knowledge is the best weapon against fear. He had several suggestions for increasing our knowledge and changing that overview.

To begin with, it helps to know your starting point, Bob said. To determine your overview of death, ask

yourself these questions: What would you think, do and be if you had 3 seconds to live? Three minutes? Three hours? Three days? Three weeks? Three months? Three years? Thirty years? Then, take those same answers and apply them to a reversed time frame (e.g., relate the 3 second answer to a 30 year time frame) and see what it tells you.

Bob said the next step in changing our overview is to increase our knowledge by exploring the parts of ourselves that are unknowns. This includes the exploration of sleep and examining phenomena such as the near-death experience. He said we should find ways to convert speculation about death into knowledge. Pre-knowledge about what happens upon death will dispell the fear of death.

Bob said that from his perspective, we have that pre-knowledge and experience now, because the realm of delta sleep is close to the realm of death. However, when we return, we have no memory of our experience "there," largely because it doesn't readily relate to experience "here." He said we must find ways to help people recall and assimilate that memory.

Bob concluded that gathering knowledge about human consciousness (especially death) and using that knowledge to alleviate the fear that limits us is the greatest challenge facing TMI and the Professional Division.

CLASSIFIEDS

"Classifieds" is a new feature in our BREAKTHROUGH newsletter. It is designed to give Professional Members of TMI a means of networking with and assisting one another. If you need assistance, information, or support on a project,

depression, insomnia, weakness (physical and psychological), fear, worry, guilt, disapproval or rejection. Based on need assessments and feedback from potential users, the group will develop tape scripts, test tapes, and user support manuals. Please direct any input you may have on this project to:

Project Leader: Ruth Domin/950
Spring Creek Road, Apt. 201/Chattanooga, TN 37412.

Group Members: Jill Russell, Kevin Scott-Carroll, Harry Shay, Bayard Stockton, Carolyn D. Sullivan, Ralph Wiggins, Brenda Williams, Sandra Yuck.

CREATING CUSTOMIZED HEMI-SYNC TAPES AND OTHER APPLICATIONS OF THE HEMI-SYNC SYNTHESIZER

The purpose of this project is to create a manual which will identify and describe the process of customizing Hemi-Sync tapes for specific needs of individuals and offer other possible applications of the synthesizer. The goal of this manual is to: allow professional users to utilize their synthesizers to create individualized tapes, expand use of the synthesizer, identify applications of the synthesizer currently in use; facilitate ease of use of the synthesizer for non-technical individuals, allow for the creation of background environment, identify equipment required for use with the synthesizer, and identify possible sources of equipment. Synthesizer owners will be surveyed by the group for input into the manual. If you would like to offer your comments, suggestions, resources and expertise on this project, please contact:

Project Leader: Kristen Eichleay/41
Cypress Street/Brookline, MA 02146.

Group Members: Stephen Bladd, Jack Bruns, Robert Bushman, Alan Goodwin, Judy Miller, Roger Reckis, Joy Supplee.

NEW MEDICINE/GROUP MIND

This group assembled in response to information which came through in a lab session at TMI last spring, indicating that the Professional Seminar would present an opportunity for interdisciplinary professionals to initiate a unique and powerful method of healing, which could alter our fundamental concepts about illness and wellness. The concept of a "group mind" developed as the vehicle for this change.

As there is no pre-existing structure for this "group mind," the project group intends to allow its development to evolve based on this operational statement: "To focus group mind in order to aid in developing, teaching, and otherwise quietly spreading techniques that allow healers to improve their impact. Such impact must be seen in terms of the ability of healers to ease dis-ease in themselves and others. This concept sees all persons as healers, whether or not they are involved in professional practice. The idea of disease and its antithesis of 'being-at-ease' must be defined by each person for himself." As a means of expanding group mind and enhancing healing techniques, the group will, among other things, sponsor workshops. The first scheduled workshop will take place January 10-14, 1988 at TMI Center in Virginia. If you wish to participate in the workshop, would like information on the project, want to become involved in the group mind, or volunteer your services and resources, contact:

Project Leader: Teena Anderson/
P.O. Box 156/Nellysford, VA 22958.

Group Members: Ria Ericson, John
Leerskov, James MacMahon, Jean
Mandola, Jill Russell, Antoinette
Santodonato, Elisabeth Schlemmer,

Kevin Scott-Carroll, Bayard Stockton,
Marcia Thompson, Connie Townsend,
Jean Wallis, Martin Warren, Rita
Warren, Brenda Williams, Peter
Wilson.

PHYSIOLOGICALLY CONTROLLED HEMI-SYNC SYSTEM

This project group will develop a
physiologically controlled Hemi-Sync
system, wherein an individual user's
physiology is taken into account in
the production of Hemi-Sync sound
beds. The first generation system
will measure brain wave activity and,

based on that data, automatically
modify Hemi-Sync frequencies. This
system will optimize the frequency
following response (FFR) of Hemi-
Sync. Population-wide, the effec-
tiveness of Hemi-Sync ranges from
65% to 85%. Members will develop
physical and psychological protocols
for human subject testing, assemble
the necessary equipment and soft-
ware, develop programming and
system design, and seek funding.

Those interested in working on this
project or networking information,
contact:

Project Leader: Skip Atwater/Rt. 1,
Box 175-G/Faber, VA 22938.

Group Members: Michael Ax, David
Lambert, Christopher Rosing, Rick
Sanger, Stan Townsend, Ray
Waldkoetter.

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